



— AN INITIATIVE OF HEALTHY CPS —

The Offices of Nutrition Support Services (NSS) and Student Health and Wellness (OSHW) work to provide students with a healthy school environment to promote improved health and academic performance. The USDA Smart Snacks in School and the CPS Healthy Snack and Beverage policies include nutrition standards and guidelines for the school day, which by definition begins at 12am and ends 30 minutes after the last bell. Through these policies all “competitive foods” which include vending, a la carte, fundraisers, celebrations, classroom rewards and school stores must meet set nutrition criteria. (Per CPS policy there should be no food rewards including pizza and/or fast food parties.)

During the 2014-2015 school year there will be a USDA audit of all competitive foods in all Chicago Public Schools. Please review the important guidelines below regarding competitive foods to ensure your school is in compliance with federal and Board policy requirements.

### **General Guidelines:**

- Foods may not be served or sold on school grounds at ANY TIME during the scheduled meal times of the National School Breakfast and Lunch Programs, including food sold for fundraisers, in vending machines, or school stores. (Meal times refer to the span of time that all grades are scheduled to eat lunch or breakfast.)
- Only CPS dining staff may utilize equipment in the dining center (i.e. refrigerator, freezer, warmers, stove) with a few authorized exceptions. Administrators, teachers, parents and students should not use kitchen equipment at any time.
- No meal should be provided or sold in place of the National School Breakfast or Lunch (i.e. pizza parties, tamale sales, Subway, etc).
- Menus should be displayed in an area/areas visible to students and should be updated weekly.

### **Fundraisers:**

- All CPS fundraisers must be approved by your Network Chief.
- All foods sold at schools during the school day must meet the *Healthy Snack and Beverage Policy* nutrition requirements, including food sold as part of fundraisers or at the school store. These must be approved by the OSHW.
- Snack Vending Machines are not allowed on Elementary or Middle School campuses.
- High schools vending machines must be turned off during mealtimes and may not be located inside the dining center or within 100 feet of the serving line.

Made possible by a grant from the Centers for Disease Control and Prevention (CDC) (Grant Number: 1H75DP004181-01) to the Chicago Public Schools (CPS) Office of Student Health and Wellness, Healthy CPS. The views expressed in this publication do not necessarily reflect the views, opinions and official policies of CDC.

- School fundraising activities that begin 30 min after the scheduled end of the school day or during after-school sporting events starting 30 min after the scheduled end of the school day are not bound by these policies.

### **Celebrations:**

- Dining staff should never be requested or prevented from preparing meals by the Principal, except in the case of student field trips. In the case of field trips, the School Dining Manager should be notified a week prior to manage meal counts or provide an alternated meal where possible.
- The Healthy Snack and Beverage Policy requires that schools adopt local school celebration guidelines or default to providing foods and beverages of minimal nutritional value only twice per year. These must be approved and documented by OSHW.

### **Rewards:**

- Food is not permitted to be used as a reward (incentives offered to students in recognition of good behavior or performance).
- In the case of student detention, students should be allowed to go through the dining center service line and select a meal. Food may not be withheld from any student for any reason.

For more information please contact:

[studentwellness@cps.edu](mailto:studentwellness@cps.edu)

773-553-1873